

Office of Children, Youth, and Families Programs

What peer supports for adolescents looks
like and where we are going in WV

Kim Harrison, Program Manager
Bureau for Behavioral Health
April 2019



WEST VIRGINIA
Department of
Health & Human Resources
BUREAU FOR
BEHAVIORAL HEALTH

Introductions



WELCOME

Recovery is Possible



How did we get here?



Where are we going?

SYTP Strategic Plan goal/ activities for adolescent peer supports development

1b. Explore potential reimbursement of adolescent Peer Supports by evaluation and review of the following:

- 1. Develop credentialing,**
- 2. Job description,**
- 3. Criteria for delivery of this support**
- 4. Mapping of current peer groups and services to guide efforts**
- 5. ASAM criteria**
- 6. BHH's funding of these type of positions and program effectiveness**
 - WV will take steps towards allowance for reimbursement of adolescent peer support.
 - BHH data on position and client disposition, job descriptions, and credentialing for adolescent recovery specialist

SAMHSA: Providing Youth and Young Adult Peer Support through Medicaid

Other states

- **Kentucky**
- **New York- Certified Recovery Peer Advocates- Youth (CRPA-Y)**
- **Michigan- Youth Peer Support Services**
- **Massachusetts**

Model-

- **AMP+**



What does Adolescent Peer Support look like?

Here is a summary of some of the roles of peer support for adolescent:

- **Service engagement**
- **Support, encouragement , hope, empowerment through lived experience**
- **Extension of workforce teams/ service array**
- **Bridge/ broker between youth services**
- **Assist navigating services/ resources especially between child and adult systems**
- **Communication styles/ strengthening connection**
- **Instruction/ skill development/ mentoring**
- **Information/ resource sharing**
- **Advocacy**
- **Action planning/ priority setting**

The Value of Peer Supports for Adolescents

Some of the benefits or outcomes are:

- **Reduced hospitalization**
- **Reduced Out-of-home placement**
- **Improved treatment and service involvement**
- **Recovery successful**
- **Reduce stigma**



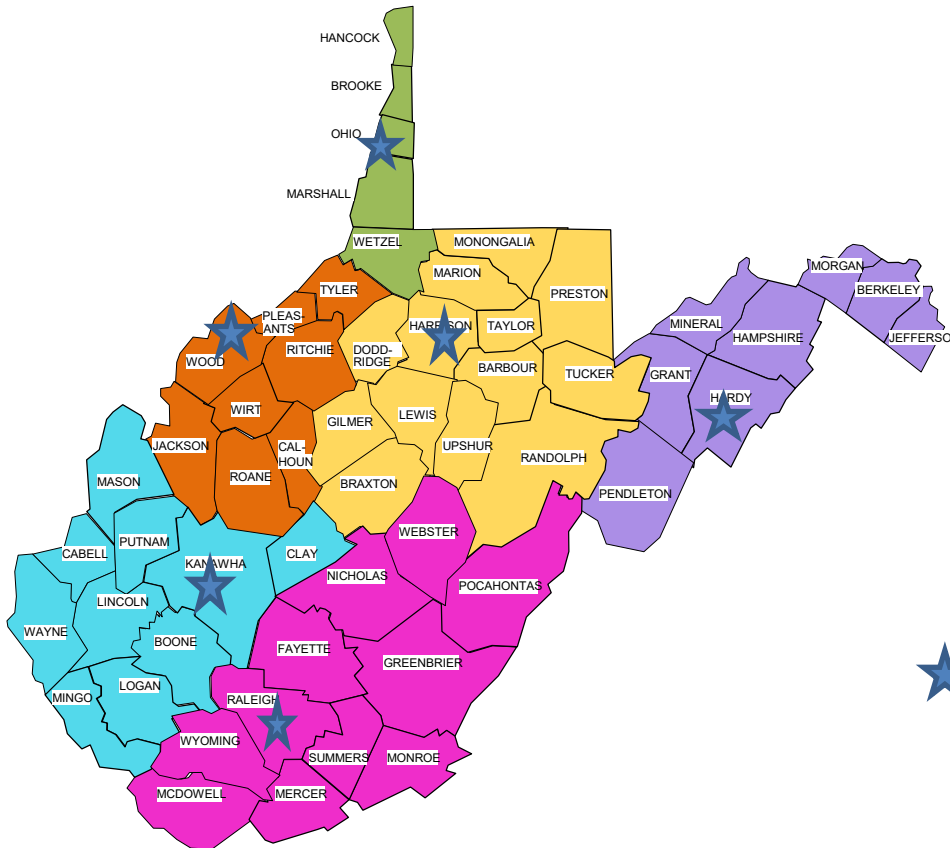
[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

Regional Youth Service Centers

Design and purpose: Center of excellence that coordinates a spectrum of community-based services

- **Target Population: youth and transitional age young adult (12-25)**
- **Center in each of the 6 Regions**
- **Full Continuum of care**
- **Increase access and availability of services and supports**
- **Community Based treatment and services**
- **Referral and Outreach**
- **Early Detection, Treatment Services and Recovery supports**
- **Regional Youth Coordinators**
- **Regional Youth Recovery Specialist**
- **Regional Suicide Intervention Specialist**

Regional Youth Service Centers



★ Main Center Location

REGION 1

Brooke, Hancock, Ohio, Marshall and Wetzel Counties
 Youth Service System
 87 15th St
 Wheeling, WV 26003
 304-233-9627

REGION 2

Grant, Hampshire, Hardy, Mineral and Pendleton Counties
 Potomac Highlands Mental Health Guild, Inc.
 P.O. Box 1119
 7 Mountain View Street
 Petersburg, WV 26847

REGION 3

Wood, Tyler, Pleasants, Ritchie, Wirt, Calhoun, Roane and Jackson Counties
 Westbrook Health Services
 2121 East Seventh Street
 Parkersburg, WV 26101
 304-485-1721

REGION 4

Braxton, Doddridge, Gilmer, Harrison, and Lewis Counties
 United Summit Center
 6 Hospital Plaza
 Clarksburg, WV 26301
 304-623-5661

REGION 5

Cabell, Lincoln, Mason and Wayne, Boone, Clay, Kanawha and Putnam Counties
 Pretera Center for Mental Health Services
 114 West Washington St., Suite 201
 Charleston, WV 25302
 304-525-7851 * 1681

REGION 6

Fayette, Monroe, Raleigh and Summers Counties
 FMRS Health Systems, Inc.
 101 South Eisenhower Drive
 Beckley, WV 25801
 304-256-7139

Training the Youth Recovery Specialist:



Trauma 101

Youth Mental Health First Aid

***Circle of Courage**

*** Cultural Competency (LGBTQ)**

Training the Youth Recovery Specialist:



Motivational Interviewing
Wellness Recovery Action Planning
Suicide Prevention (QPR & ASIST)

Training the Youth Recovery Specialist:



**Life Space Crisis Intervention
Recovery Coach Academy**

FMRS Program Development



FMRS Program Development

- **Reaching out for TA with Experts**
- **Making Service Accessible and Client Centered**
- **Playing to our Strengths**
- **Promotion**
- **Integrating YRS with other services within the agency**
 - Children's Mobile Crisis Response
 - Wraparound
 - Outpatient therapy
 - First Episode Psychosis

- **Pretera Center – RYSC – “WORTH THE RYSC”**

- **Supervision of a Recovery Specialist**
- **Development of a Recovery Specialist**
- **What lessons learned**
- **Barriers**



WV Regional Youth Recovery Specialist

Peerness:

Age/lived experience

Recovery

Training

Strengths

Barriers

Experience



Contact Information

Bureau for Behavioral Health Children's Office Staff

Kim Harrison MA LSW PLC, Program Manager I (304) 356-4777

BBH Website <http://www.dhhr.wv.gov/bhhf/Pages/default.aspx>

FMRS Health Systems, Inc

Tracy A. King, MSW LCSW Director of Children's Services 304-256-7100 – office

www.fmrs.org

Pretera Mental Health Center

Rhonda Henning MA LSW PLC, Regional Youth Coordinator 304-525-7851 * 1681

www.pretera.org

WVU Medicine United Summit Center

Telisha Lockwood Regional Youth Recovery Specialist Office: (304) 623-5661 ext.1207

www.region4tomorrow.com